

Mental health list - Secondary

A list of non-fiction and fiction titles aimed to help support students with different aspects of mental health, with many themes explored, plus advice and practical tips offered.

- The books on this list can be purchased from the School Library Service
- Individual titles can be purchased at a saving of 25% off RRP
- Please contact us at schoollibraryservice@devon.gov.uk or 01392 287244

	ISBN	Title	Author	RRP
OIANA ANYARMO MY LIFE AS A CHAMELEON	9781472156150	My Life as a Chameleon	Anyakwo, Diana	£9.99
THE LIGHT IN THE EVERYTHING	9781526622983	The Light in Everything AR: 5.4 MY BB: Dark Blue	Balen, Katya	£7.99
Away Nith Wallas Sophie Cumeron	9781788953924	Away With Words AR: 5.2 MY+	Cameron, Sophie	£8.99
E D D Y E D D Y Kase Dix Golds	9781910646922	Eddy, Eddy	De Goldi, Kate	£8.99
ECO ANXIETY S	9781913520762 NF 363.72	How to Manage Your Eco- Anxiety	Grose, Anouchka	£8.99
TEEN GIRL PROBLEMS HOW SOLVE THEM And Management of the Managemen	9781526323385 NF 305.235	52 Teen Boy Problems & How to Solve Them	Hooper-Hodson, Alex	£9.99
TEEN BOY/ PROBLEMS HOWSOINE THEM *** * ** ***************************	9781526323927 NF 305.235	52 Teen Girl Problems & How to Solve Them	Hooper-Hodson, Alex	£9.99
DESI OF SPEAKING	9781471413490	Desi Girl Speaking	Hussain, A S	£8.99
MEXAL	9781445171166 NF 158.1	Mental Health and Me	Maldonado, Salvador	£11.99

How to Say 9 6	9781915569110	How to Say No to Your Phone	Marshall, Brad	£9.99
TO YOUR PHONE	NF 158.1			
SAD GHOST CLUB	9781526367303	A Hopeful Guide for Getting Through Bad Days	Meddings, Lize	£12.99
NIOLA MORGAN NO PORTES NOUTO ERL WITH POLITICAL WITH REPARE REPAR	9781529512564 NF 152.46	No Worries	Morgan, Nicola	£7.99
ELLIE PILLAI IS NOT DONE YET STATEMENT OF THE STATEMENT	9780571387250	Ellie Pillai is Not Done Yet	Pillainayagam, Christine	£8.99
influenta:	9780571377343	Influential AR: 6.5 UY	Sage, Amara	£8.99
LOUDER ((() THAN ())) HUNGER	9781529514568	Louder Than Hunger	Schu, John	£9.99
Silver Chain SHEIBANI	9781471411526	The Silver Chain AR: 5.4 UY	Sheibani, Jion	£8.99
DEAD HAPPY WOSH SILVER	9780861547821	Dead Happy AR: 3.4 UY	Silver, Josh	£8.99
HAPPY HEAD	9780861545537	HappyHead AR: 3.6 UY	Silver, Josh	£8.99
CHAOS THEORY	9781398516069	Chaos Theory	Stone, Nic	£8.99
GIRL	9780702318467	Like a Girl	Westcott, Rebecca	£8.99

(Produced from Peters selection)