

# Training for teachers & leaders

## South West Mountain & Moorland Leader Training Scheme

The Dartmoor Centres are the approved training in Devon provider for the full range of walking leader awards from the South West Mountain & Moorland Leader Training Scheme (SWMMLTS);

- Coast & Countryside Walking Leader
- Coast & Countryside Camping Leader
- Summer Moorland Walking Leader
- Summer Moorland Camping Leader
- Winter Moorland Walking Leader

These courses are ideal for leaders wishing to supervise activities such as Ten Tors or the Duke of Edinburgh Award in the South West of England and the Brecon Beacons.

## Mountain Training England - Hill & Moorland Leader

The Dartmoor Centres are an approved provider of the Mountain Training England - Hill & Moorland Leader Award for both training and assessment courses.

These courses are ideal for leaders wishing to supervise activities such as Ten Tors or the Duke of Edinburgh Award in moorland environments anywhere within the UK.

## First Aid Training

The Dartmoor Centres provide first aid training for outdoor leaders. Our courses are accredited by Mountain Medicine and are ideal for outdoor practitioners. We offer practical, common sense training with lots of hands on practical scenarios. Whether you need to refresh an existing award or need a first aid award for the first time, you will find our courses refreshingly fun and engaging.

- 16 hour First Aid for the Outdoors
- First Aid at Work (FAAW)
- Emergency First Aid at Work (EFAAW)
- Refresher courses for all awards

## Educational Visit Leader Training

Employers (Governors/Trust Boards) are responsible in law for ensuring staff are competent to carry out their duties under the Health & Safety at Work Act (1974).

Attendance on this course can be used as evidence of 'competence' in complying with Local Authority Policies and the law for staff that lead off-site activities such as walks to the park, visits to local countryside, field studies etc.

This one-day course is accredited by the Outdoor Education Advisers' Panel (OEAP) and provides practical advice and training on the safe management of school off-site trips and visits. The course includes;

- Common sense advice on risk management and planning
- Training on writing a risk assessment
- Practical advice on supervising groups on roads and in open spaces

You can book these CPD courses online at;

[devoneducationservices.co.uk/trainingconferences](http://devoneducationservices.co.uk/trainingconferences)



# Contact

For general enquiries and bookings:

01364 631500

[dartmoorcentres@devon.gov.uk](mailto:dartmoorcentres@devon.gov.uk)

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Explore Moor Learn Moor Do Moor

Devon  
County Council

# The Dartmoor Centres



Explore Moor Learn Moor Do Moor

# Pixie's Holt



## Dartmeet, Dartmoor, Devon

Accommodation for groups of up to 42  
Fully catered

Located in the small hamlet of Dartmeet. A beautiful moorland location with steep wooded valleys, open moorland and high dominating tors. Accommodation is warm and comfortable in bedrooms of 4-6 beds with en-suite hand basins. We offer a large common room with small kitchenette for group use, a separate dining room and modern toilet and shower facilities. Set in approximately two acres of private grounds there is a pond and a mixture of Dartmoor fauna and flora. There is ample parking for cars and minibuses. We offer a range of Outdoor Learning programmes and activities including moorland exploration, bushcraft, night walks, climbing, caving, orienteering, archery and mountain biking. Pixie's Holt is also an ideal base for a wide range of other interests and pursuits, such as personal development, field studies and the arts.

# Dartmoor Training Centre



## Two Bridges, Dartmoor, Devon

Accommodation for groups of up to 50  
Self catered or fully catered

The Dartmoor Training Centre is situated on the banks of the West Dart River in the heart of the Dartmoor National Park. The Centre lies in a tranquil, secluded valley with easy access to the open moor making it a popular base for exploring this unique landscape. We offer a range of Outdoor Learning programmes and activities including moorland exploration, bushcraft, night walks, climbing, caving, orienteering, archery and mountain biking. The Dartmoor Training Centre is also an ideal base for a wide range of other interests and pursuits such as personal development, field studies and the arts.

# Our Centres

For general enquiries and bookings:

01364 631500

dartmoorcentres@devon.gov.uk

See our video at [dartmoorcentres.co.uk](http://dartmoorcentres.co.uk)

# Why Dartmoor?

- A National Park extending to 368 square miles
- Dartmoor has more visible Bronze Age remains than anywhere else in Britain
- Iconic granite tors are perfect for climbing, scrambling and weaselling
- Open access for activities
- Nationally important moorland stretches for miles and miles

## Planning your visit

We have decades of experience in providing residential and adventurous activities so we have lots of good ideas to make your stay work well for you. We can help you through each stage and provide you with the support you need. We can also come and visit your school or establishment to discuss your plans and also to host meetings for parents or carers. Please ask if this would be helpful to you, there is no charge for this. We also encourage Teachers/group leaders to visit us prior to staying with us.

## We take your safety seriously

The Dartmoor Centres hold an Adventurous Activities Licensing Authority (AALA) license for adventurous activities. License number: L13864

### Activity categories covered by the licence:

- Climbing
- Trekking

- Caving

### Specified Activities:

- Abseiling
- Off-Road Cycling
- Caving
- Rock Climbing
- Hill Walking & Mountaineering
- Tyrolean Traverse

# Why Dartmoor Centres?

- Over 30 years' experience of safe and exciting adventurous activities
- Sole occupancy so you have our full attention with a home from home experience
- Highly qualified, mature and experienced staff
- Real activities in real places (no climbing towers or artificial caves here!)
- Legendary home cooking made on-site from local suppliers

The Head of Centres is also the Outdoor Education Adviser for Devon County Council and Torbay Council and is a full member of the Outdoor Education Advisers' National Panel and the Association of Heads of Outdoor Education Centres.

The Dartmoor Centres place great emphasis on safety throughout its programmes by employing qualified and experienced Outdoor Education Tutors and having safe operating procedures approved by the Adventurous Activities Licensing Authority (part of the Health & Safety Executive).

### Children say..

*"My favourite thing was gripping granite because it was really fun working together as a team."*

*The breakfast was amazing and so was caving.*

*My favourite thing was rock climbing because it was a challenge.*

*My favourite thing was how we could go to an open space not far away and do activities.*

*It was very fun and exciting to see all the Tors"*

# What our customers say...

*"The ethos of all the staff, in tandem with the centre layout and location has allowed the children to feel challenged yet safe. The activities push emotional and physical limits but are delivered in a way which shows no pressure on children. The food is amazing!"*

Matt Brown - Teacher - Whimple Primary School

*"Staff were adaptive, flexible and creative in keeping the group entertained, it was a great success."*

Helen Maiden - Deaf Teenagers Group

*"As always all staff were excellent with the children and the food was delicious and plentiful."*

Raleigh Federation

# Activities

## Archery (half-day)

An ancient pastime first used on Dartmoor by Neolithic hunters. Develops listening and sequencing skills.

## Bushcraft; fire lighting, shelter building or outdoor cooking (day or half-day)

Learn how to survive in the wilderness by lighting fires, building shelters or cooking on an open fire. Develops creativity, planning and personal safety.

## Caving (half-day)

We go deep underground to experience a whole new world. Develops teamwork, cooperation and personal safety.

## Climbing (day or half-day)

We head off to one of Dartmoor's iconic tors for 'real' climbing. Develops teamwork, cooperation and personal safety.

## Mindfulness (day or half-day)

On this session we introduce the concept of 'mind - body connection'. Young people will experience a range of activities supporting their emotional development and these practises can be taken through the residential week bringing Young People an awareness of each activity and a deeper understanding of how they are responding to it.

## Moorland Exploration (day or half-day)

We head out onto the open moor to experience the wildlife and history of Dartmoor. Develops planning and personal responsibility skills and increases knowledge of the natural world and environmental impact.

## Mountain Biking (half-day)

Using the tracks and trails in the forest whilst learning some top tricks. Develops cycling skills, motor skills and personal safety.



## Night Walk (evening)

We set out onto Dartmoor in the evening to discover the crepuscular wildlife and experience a place in a completely new way. Develops teamwork, cooperation and personal safety.

## Orienteering (half-day)

Combining thinking, planning and running we use our skills to explore the forest. Develops special awareness, planning, thinking and cooperation.

## Scrambling (half-day)

Scrambling across the ridge of an elevated tor is like mountaineering on Dartmoor. Develops teamwork, cooperation and personal safety, with a Buzzard's eye view of Dartmoor.

## Search and Rescue (day)

We practice a range of skills such as navigation, casualty care and rope work, then put them to use in rescuing someone in need. Develops teamwork, cooperation and planning.

## Tyrolean Traverse (river crossing)

With expert guidance from our qualified instructors you'll construct a Tyrolean traverse across a local river to cross from one bank to the other without getting wet! Develops teamwork, cooperation and planning.

## Weaselling (half-day)

Every child's favourite, we explore one of Dartmoor's tors finding all the holes and passages we can squeeze through. Develops teamwork, cooperation and personal safety, with a Weasel's eye view of Dartmoor!

## Working Well Together (half-day)

A range of team games designed to focus the mind and improve many of the attributes necessary for a successful residential. Develops teamwork, cooperation listening and planning skills.

